

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Decambray Véronique

Coaches: Mabbe Andy HEADCOACH

Coaches: Spincemaille Laura

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M BACKSTROKE WOMEN			Heat:1, starttime: 09:30
Heat: 1/6 Lane : 5 Athlete: PARMENTIER LORE			Q-time: 00:32:07
PB (25m pool): 31.88 Diksmuide 15 Oct 2022			PB (50m pool): 32.20 SB:
	2 5 M	5 0 M	
PB		31.88	
	31.88		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN			Heat:3, starttime: 09:35
Heat: 3/6 Lane : 2 Athlete: DEMEYERE ANOUK			Q-time: 00:31:49
PB (25m pool): 31.05 Sint Amandsberg 10 Nov 2019			PB (50m pool): 31.55 SB:
	2 5 M	5 0 M	
PB		31.05	
	31.05		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN			Heat:2, starttime: 09:40
Heat: 2/8 Lane : 4 Athlete: HEYERICK JENS			Q-time: 00:24:67
PB (25m pool): 24.67 Gent 9 Nov 2024			PB (50m pool): 25.22 SB:
	2 5 M	5 0 M	
PB		24.67	
	24.67		
			

Coach feedback:

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Event number: 4: 50M FREESTYLE MEN						Heat:6, starttime: 09:45	
Heat: 6/8 Lane : 7 Athlete: KALOGEROPOULOS ZENO						Q-time: 00:23:48	
PB (25m pool): 23.64 Amsterdam (NED) 2 Jul 2022						PB (50m pool): 23.48 SB:	
	2 5 M		5 0 M				
PB			23.64				
	23.64						
							

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN							Heat:1, starttime: 09:45	
Heat: 1/4 Lane : 4 Athlete: MABBE NORAH							Q-time: 02:44:12	
PB (25m pool): Kortrijk 24 Jul 2021				PB (50m pool): 2:48.18 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN				Heat:2, starttime: 10:00			
Heat: 2/7 Lane : 7 Athlete: MAENHOUT ARJEN				Q-time: 01:09:32			
PB (25m pool): 1:09.32 Sint-Niklaas 12 Jan 2025				PB (50m pool): 1:13.43 SB:			
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		32.97		1:09.32			
	32.97		36.35				
							

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN				Heat:6, starttime: 10:10			
Heat: 6/7 Lane : 5 Athlete: MABBE ELIAN				Q-time: 01:01:77			
PB (25m pool): 1:01.77 Gent 9 Nov 2024				PB (50m pool): 1:05.51 SB:			
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		29.14		1:01.77			
	29.14		32.63				
							

Coach feedback:

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Event number: 6: 100M BREASTSTROKE MEN					Heat:6, starttime: 10:10
Heat: 6/7 Lane : 7 Athlete: VANDENDORPE EMILE					Q-time: 01:05:38
PB (25m pool): 1:05.38 Ettelbruck (LUX 19 Apr 2025					PB (50m pool): 1:07.47 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.69		1:05.38	
	30.69		34.69		
					

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN					Heat:1, starttime: 10:45
Heat: 1/6 Lane : 5 Athlete: HEYERICK JENS					Q-time: 00:59:94
PB (25m pool): 59.13 Ettelbruck (LUX 16 Apr 2023					PB (50m pool): 59.17 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.65		59.13	
	27.65		31.48		
					

Coach feedback: